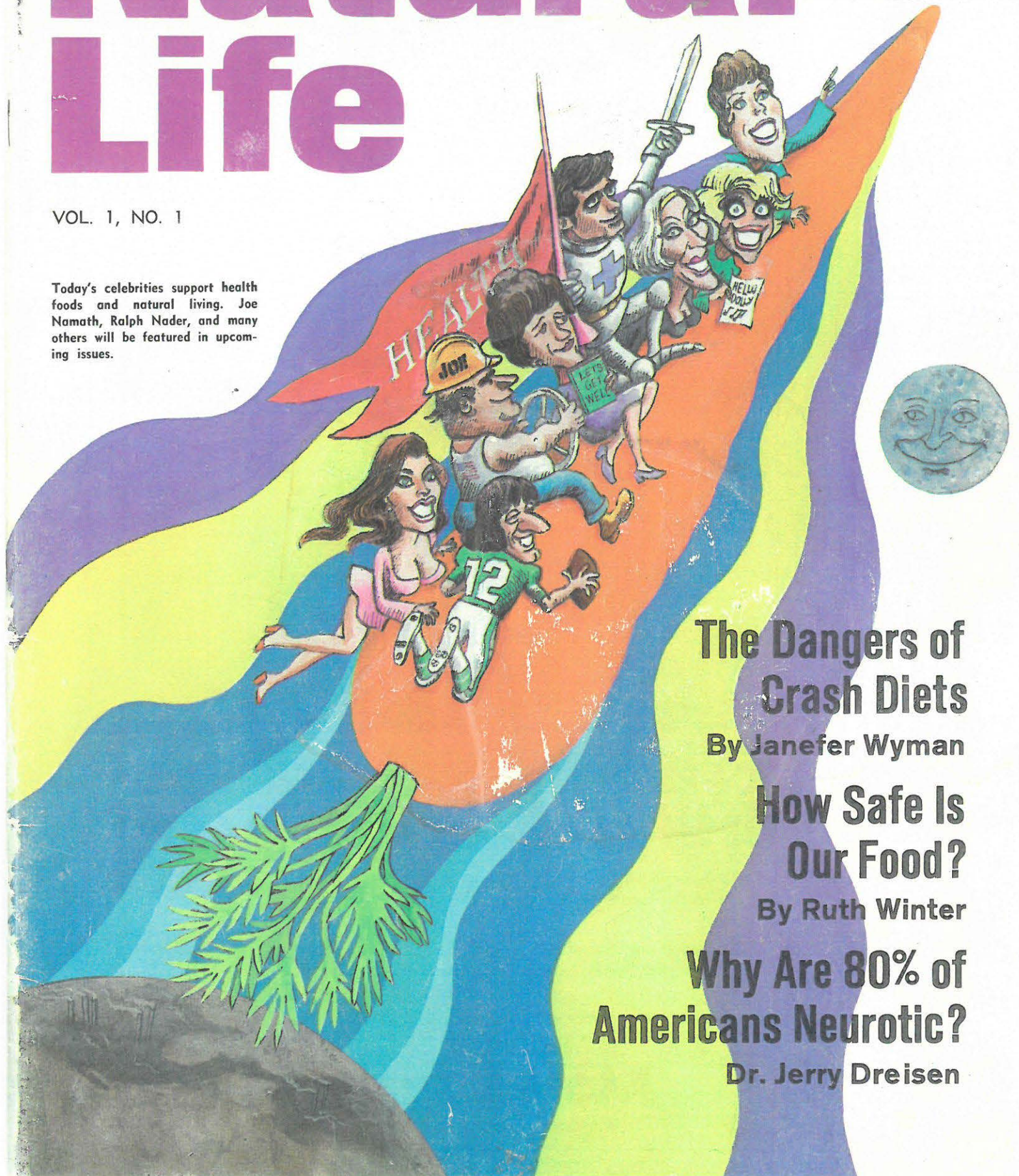


OCTOBER 1972/75 CENTS

# Natural Life

VOL. 1, NO. 1

Today's celebrities support health foods and natural living. Joe Namath, Ralph Nader, and many others will be featured in upcoming issues.



## The Dangers of Crash Diets

By Janefer Wyman

## How Safe Is Our Food?

By Ruth Winter

## Why Are 80% of Americans Neurotic?

Dr. Jerry Dreisen



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# Natural Life

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# WHO'S WHO



Dr. Joseph R. Cimino



Gary Null

**Dr. Joseph R. Cimino**, currently Commissioner of Health for New York City, is the youngest individual to hold that position in the 110 year history of the city. A graduate of Harvard, he holds degrees in science, (M.S.), medicine (M.D.), public health (M.P.H.), and industrial health (MIH). He was a fellow in environmental medicine for A.E.C., Director of Health and Safety for the Environmental Protection Administration, Medical Director of the New York City Poison Control Center, Chief Medical Examiner for New York City Civil Service Commission and holder of several awards for his work. He is on the faculty of several universities and an Associate Professor of Environmental Medicine at New York University Medical School.



Ruth Winter



Herbert Bailey

**Gary Null**, author of more than thirty significant books dealing with such subjects as Black History, Health and Nutrition, Russian History, Italian-Americans, and American History. Gary lectures to capacity crowds on a variety of subjects across the country. He is a major spokesman for the Health Field. He also has a nationally-syndicated health column.

**Ruth Winter**, author and consumer advocate, Mrs. Winter is a constant contributor to leading science and health publications. She is best known for her best selling expose **POISONS IN YOUR FOOD**. She has won more than a dozen awards for her outstanding work in the field of public health.



Lizallota R. Valeska



Billie Young

**Herbert Bailey**, author and veteran reporter is best known for his several books on medical subjects, among them **VITAMIN E: YOUR KEY TO A HEALTHY HEART**, and **FOOD FACTS AND FALLACIES**, which he co-authored with Carlton Fredericks.

**Billie Young**, is president of Ashley Books and author of **THE NAKED CHEF**. She is also a popular lecturer and has her own nationally syndicated column on Food.

**Lizallota R. Valeska**, a great-grandmother of 70 years young, formerly Miss Finland of 1930: She is living proof that her self-styled methods work. She appears regularly on such programs as Johnny Carson, Dick Cavett, Arlene Francis and Steve Allen. She has also authored the popular **NATURE'S REJUVENATING PRINCIPLES**.



Carlson Wade



Dr. Max Warmbrand

**Carlson Wade**, is a member of the American Medical Writers Association, and the editor of **Popular Medicine Magazine**. He is a nationally-known consultant and author on health and nutrition. He also writes a nationally-syndicated cooking column. Among his nearly forty books are **KEY TO NUTRITION** and **ENZYMES**.

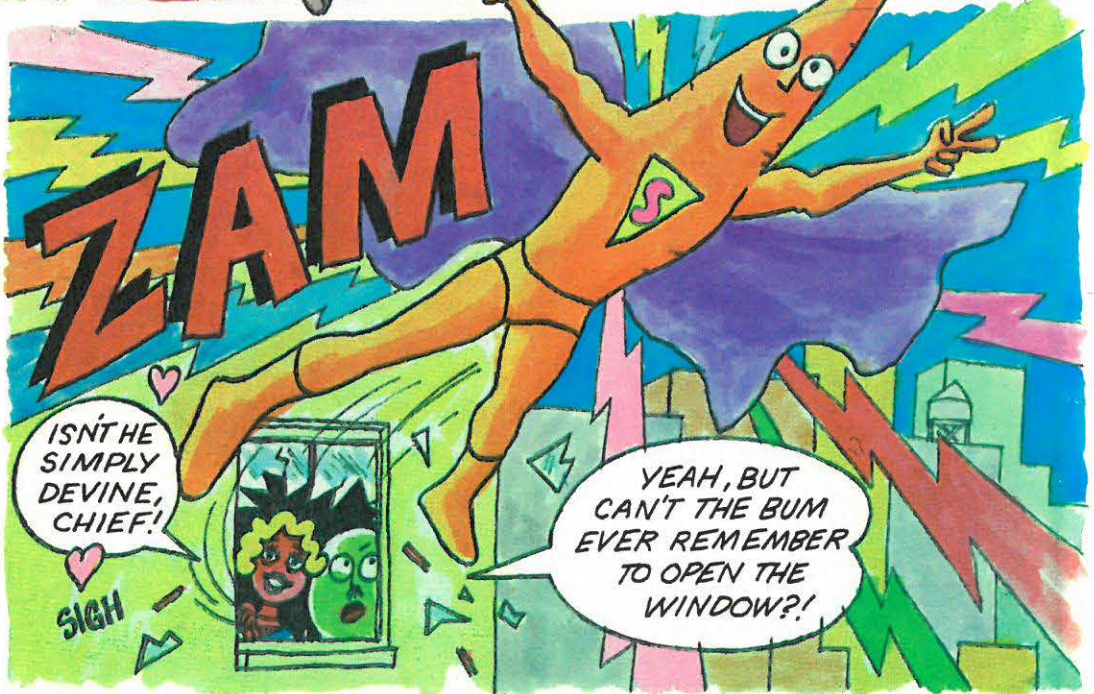
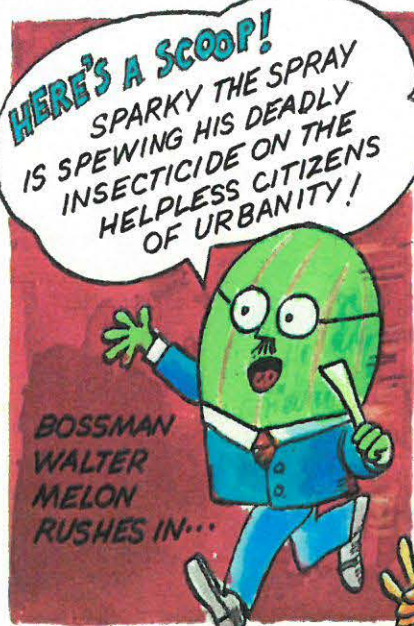
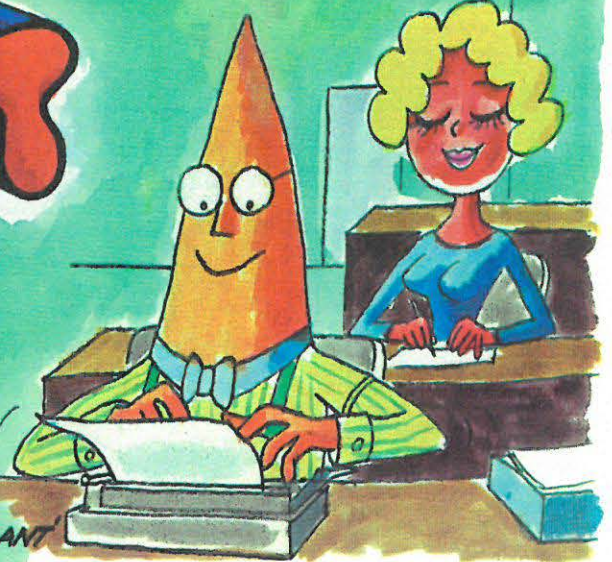
**Dr. Max Warmbrand**, is a practicing naturopathic physician, a licensed osteopathic physician and surgeon, who has devoted nearly fifty years to helping thousands to a new way of life. Among his many popular books are **ADD YEARS TO YOUR HEART**, **ARTHRITIS SUFFERERS CAN GET WELL**, and **LIVING WITHOUT PAIN**.



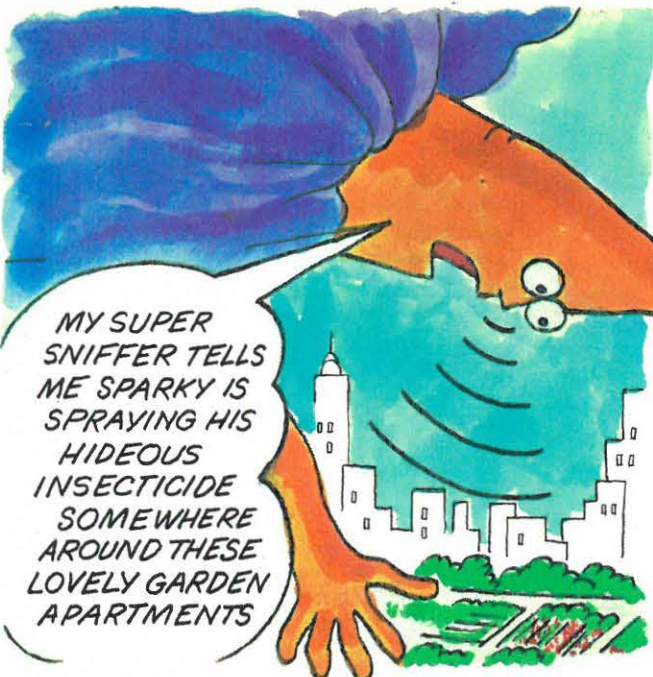
# SUPER CARROT

Drawn by Bob  
Laurie, Vorn,  
Jeremy Engle

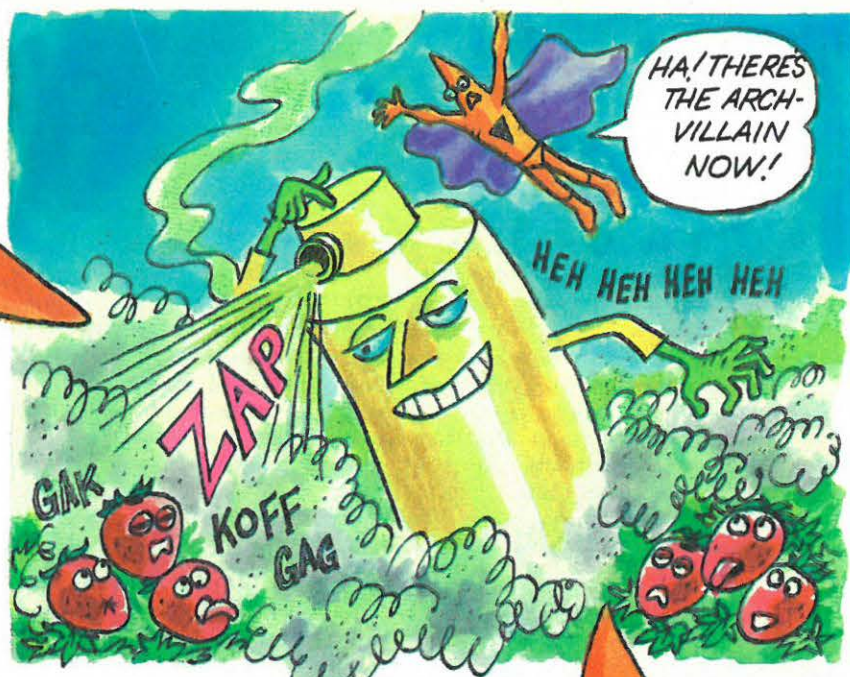
HIGH ABOVE THE MIGHTY METROPOLIS OF URBANITY MILD MANNERED CLARK CARROT BANGS OUT AN EXPOSE ON CHICKEN FAT FOR HIS PAPER, 'THE DAILY PLANT'







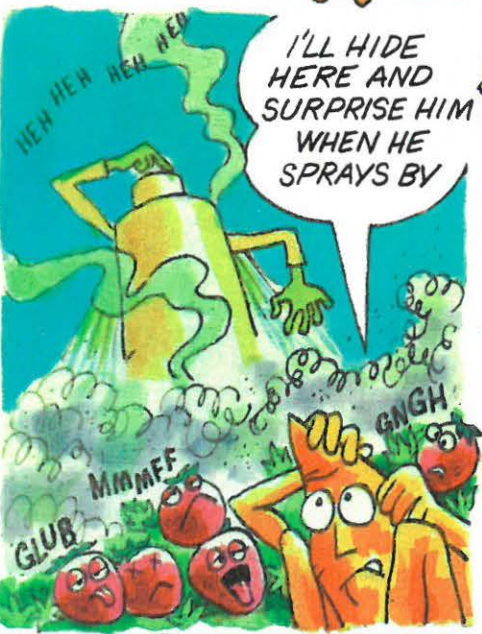
MY SUPER SNIFFER TELLS ME SPARKY IS SPRAYING HIS HIDEOUS INSECTICIDE SOMEWHERE AROUND THESE LOVELY GARDEN APARTMENTS



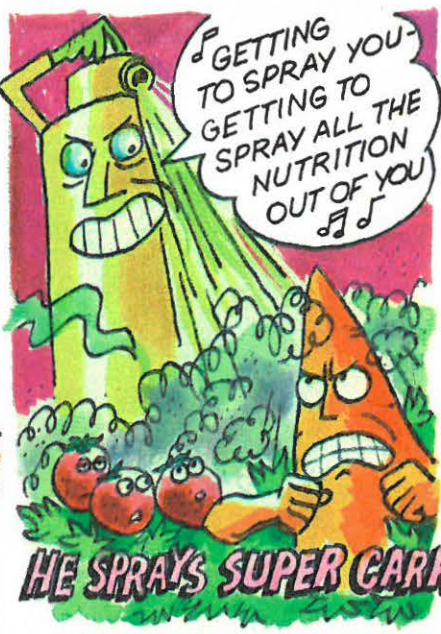
HA! THERE'S THE ARCH-VILLAIN NOW!

HEH HEH HEH HEH

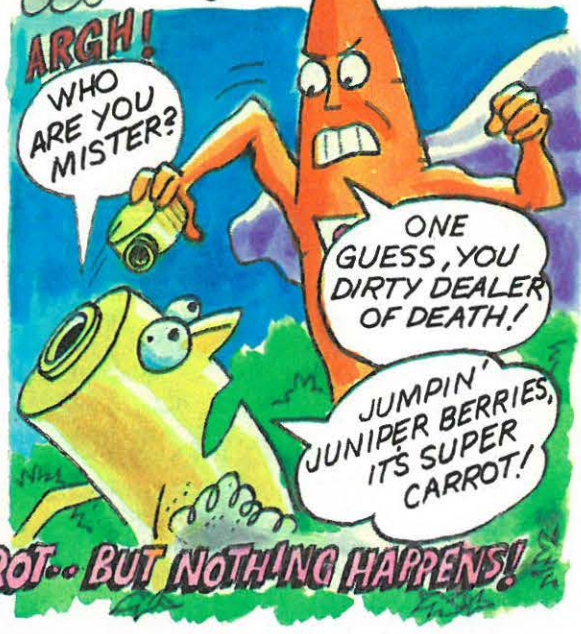
ZAP  
GAK  
KOFF  
GAG



I'LL HIDE HERE AND SURPRISE HIM WHEN HE SPRAYS BY



GETTING TO SPRAY YOU-  
GETTING TO SPRAY TO  
SPRAY ALL THE  
NUTRITION  
OUT OF YOU



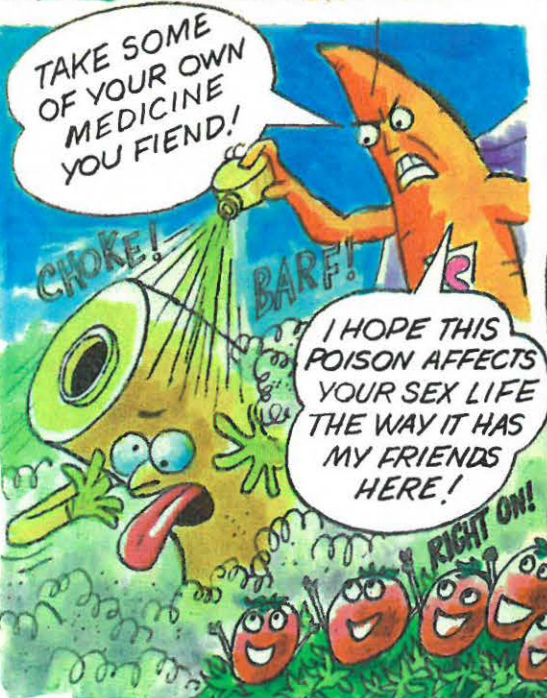
ARGH!

WHO ARE YOU MISTER?

ONE GUESS, YOU DIRTY DEALER OF DEATH!

JUMPIN' JUNIPER BERRIES, IT'S SUPER CARROT!

HE SPRAYS SUPER CARROT.. BUT NOTHING HAPPENS!



TAKE SOME OF YOUR OWN MEDICINE YOU FIEND!

I HOPE THIS POISON AFFECTS YOUR SEX LIFE THE WAY IT HAS MY FRIENDS HERE!



LATER..

NICE WORK CLARK!

DON'T THANK ME, CHIEF... THANK SUPER-CARROT!

IS HE REALLY THAT HANDSOME CLOSE UP?

YEAH, YEAH, SAY HOW ABOUT A MOVIE, SAL?

NO WAY, CREEP!



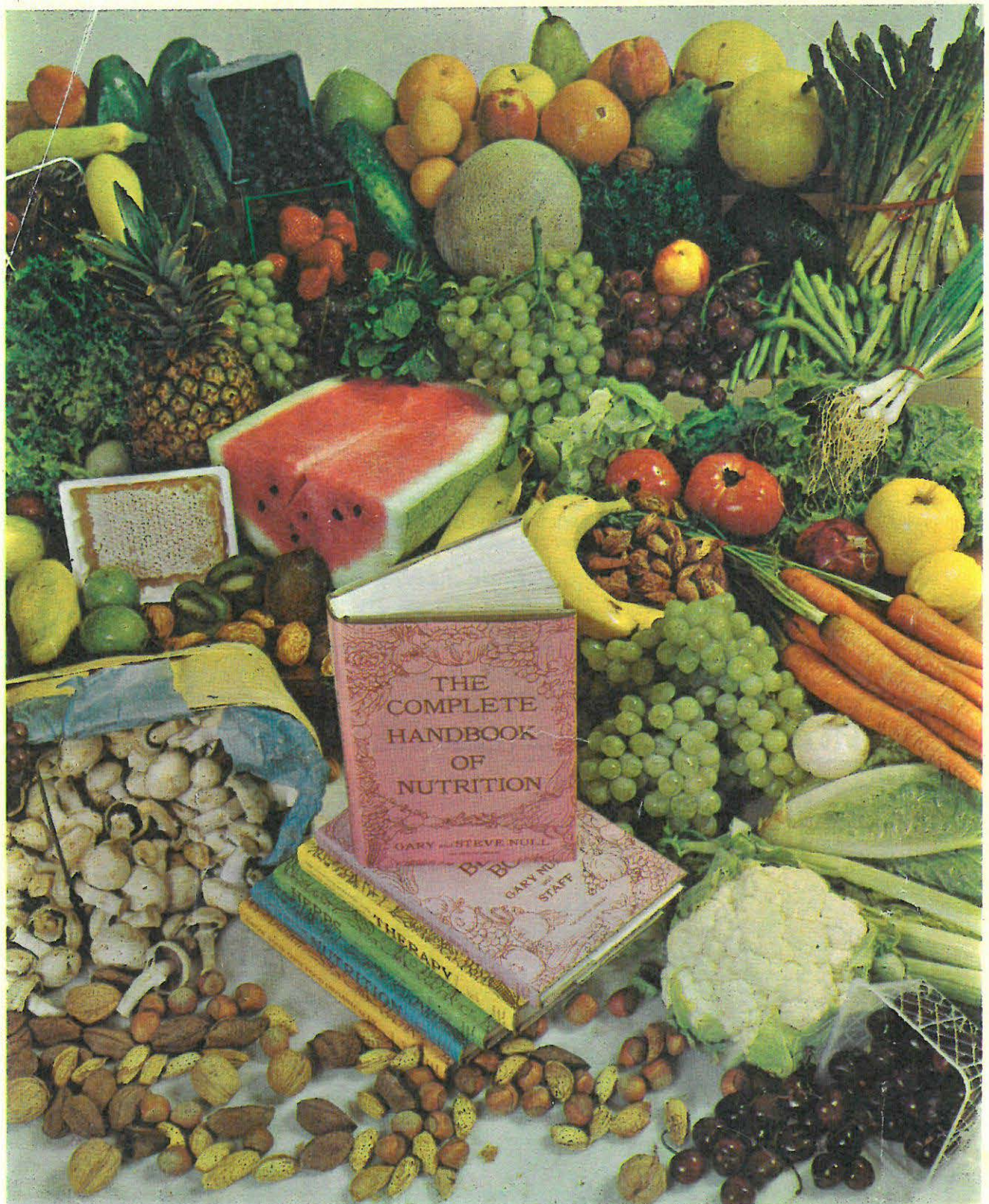


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